

## Managing the Dual Demands of a Legal Career and Caregiving

Greenbaum partner **Jemi Goulian Lucey** will be on the faculty for a presentation on "Managing the Dual Demands of a Legal Career and Caregiving," to be presented by Zoom on Tuesday, November 12, 2024, from 6:00pm - 7:45pm.

Being both a full-time lawyer and a caregiver can create a unique and intense set of challenges that affect wellness. Lawyers often deal with high stress levels due to demanding workloads, tight deadlines and the emotional toll of representing clients, especially in high-stakes cases. Adding caregiving responsibilities, such as taking care of children, elderly parents, or family members with health issues, introduces another layer of pressure.

This program will address the challenges of lawyers who are caregivers and ways to help improve their mental health and well-being, work-life balance and overall quality of life.

Learn the following strategies for lawyer caregivers:

Ms. Lucey is a partner in the firm's **Employment Law**, **Litigation** and **Healthcare** Departments. She is a trial attorney who represents private and public entities, including institutions of higher learning, in employment discrimination and retaliation actions, professional negligence cases, Title IX claims, and general business disputes in state and federal courts. She also lectures and consults on employment and human resources law and provides guidance related to litigation avoidance and the practical implications of various state and federal laws affecting employers. A strong advocate for women in the legal profession, she serves on the Executive Board of the New Jersey Women Lawyers Association and is a past President of the NJWLA.

Additional program details and registration on the [NJICLE website](#).

### Related Attorneys

